

**NUTRITION STATEMENT
PARIS GOURMET**

Item #

Description

NOE100 NOEL BLANC 30% BUTTONS 5K

NUTRITIONAL VALUES (Average value for 100g)

Nutrition information (per 100g)

Nutritional Values	Target	Unit
Energy Kcal	569	kcal
Fat	36	g
of which saturates	22	g
of which trans fats	0,2	g
Cholesterol	22,0	mg
Sodium	0,090	g
Total carbohydrates	54	g
Fiber	0,0	g
of which sugars	54	g
Protein	7,2	g
Vitamin A	86,5	µg
Vitamin C	2,2	mg
Calcium	254,7	mg
Iron	0,2	mg

Nutrition Facts

Serving Size

Servings Per Container

Amount per Serving

Calories 570 Calories from fat 320

% Daily Value *

Total Fat 36 g 55 %
Saturated 22 g 110 %

Trans Fat

Cholesterol less than 5 mg 0 %

Sodium 90 mg 3 %

Total Carbohydrate 54 g 18 %

Dietary Fiber 0 g 0 %

Sugars 54 g

Proteins 7 g

Vitamin A 86 % Vitamin C 4 %

Calcium 25 % Iron 2 %

* Percent Daily Values are based on 2.000 calorie diet. Your daily values may be higher or lower depending on your calories needs.

Calories: 2,000 2,500

Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram:

Fat 9 Carbohydrate 4 Protein 4