

**NUTRITION STATEMENT  
PARIS GOURMET**

Item #

Description

**NOE102 NOEL LACTEE 35% BUTTONS 5K**

**NUTRITIONAL VALUES (Average value for 100g)**

**Nutrition information (per 100g)**

Nutritional Values	Target	Unit
Energy Kcal	573	kcal
Fat	37	g
of which saturates	23	g
of which trans fats	0,2	g
Cholesterol	20,8	mg
Sodium	0,078	g
Total carbohydrates	53	g
Fiber	1,3	g
of which sugars	51	g
Protein	7,1	g
Vitamin A	81,5	µg
Vitamin C	2,1	mg
Calcium	221,0	mg
Iron	1,1	mg

**Nutrition Facts**

Serving Size

Servings Per Container

Amount per Serving

**Calories** 570 Calories from fat 330

\* % Daily Value \*

**Total Fat** 37 g **56 %**

Saturated 23 g **115 %**

*Trans Fat*

**Cholesterol** less than 5 mg **0 %**

**Sodium** 80 mg **3 %**

**Total Carbohydrate** 53 g **17 %**

Dietary Fiber 1 g **4 %**

Sugars 51 g

**Proteins** 7 g

Vitamin A 81 % Vitamin C 4 %

Calcium 20 % Iron 6 %

\* Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calories needs.

Calories: 2,000 2,500

Total Fat Less than 65 g 80 g

Sat Fat Less than 20 g 25 g

Cholesterol Less than 300 mg 300 mg

Sodium Less than 2,400 mg 2,400 mg

Total Carbohydrate 300 g 375 g

Dietary Fiber 25 g 30 g

Calories per gram:

Fat 9 Carbohydrate 4 Protein 4