

**NUTRITION STATEMENT  
PARIS GOURMET**

Item #

Description

**NOE108 NOEL ROYALE 64% BUTTONS 5K**

**NUTRITIONAL VALUES (Average value for 100g)**

**Nutrition information (per 100g)**

Nutritional Values	Target	Unit
Energy Kcal	589	kcal
Fat	40	g
of which saturates	25	g
of which trans fats	0,0	g
Cholesterol	1,3	mg
Sodium	0,009	g
Total carbohydrates	50	g
Fiber	9,1	g
of which sugars	37	g
Protein	7,2	g
Vitamin A	1,3	µg
Vitamin C	0,0	mg
Calcium	41,7	mg
Iron	6,2	mg

<b>Nutrition Facts</b>		
<b>Serving Size</b>		
<b>Servings Per Container</b>		
<b>Amount per Serving</b>		
<b>Calories</b> 590	Calories from fat 360	
% Daily Value *		
<b>Total Fat</b> 40 g	<b>61 %</b>	
Saturated 25 g	<b>125 %</b>	
<i>Trans Fat</i>		
<b>Cholesterol</b> less than 5 mg	<b>0 %</b>	
<b>Sodium</b> 10 mg	<b>0 %</b>	
<b>Total Carbohydrate</b> 50 g	<b>16 %</b>	
Dietary Fiber 9 g	<b>36 %</b>	
Sugars 37 g		
<b>Proteins</b> 7 g		
Vitamin A 1 %	Vitamin C 2 %	
Calcium 4 %	Iron 35 %	
* Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calories needs.		
Calories: 2,000 2,500		
Total Fat	Less than 65 g	80 g
Sat Fat	Less than 20 g	25 g
Cholesterol	Less than 300 mg	300 mg
Sodium	Less than 2,400 mg	2,400 mg
Total Carbohydrate	300 g	375 g
Dietary Fiber	25 g	30 g
Calories per gram:		
Fat 9	Carbohydrate 4	Protein 4